

**Phone: 9446 3833**

**CLINICAL EXERCISE CLASS PROGRAM**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Mon** | **Tues** | **Wed** | **Thurs** | **Fri** | **Sat** |
| **7am** |  |  |  |  |  |  |
| **8am** |  |  |  | **Kate** |  | **Tylah** |
| **9am** |  |  |  | **Kate** | **Tylah** | **Tylah** |
| **10am** | **Tania** |  | **Tania** | **Kate** | **Tylah** |  |
| **11am** | **Tania** |  | **Tania** | **Tania** |  |  |
| **12 noon** | **Tania** |  | **Tania** |  |  |  |
| **1pm** |  |  |  | **Tania** |  |  |
| **2pm** |  |  |  |  |  |  |
| **3pm** |  |  |  |  |  |  |
| **4pm** |  |  |  |  |  |  |
| **5pm** | **Tylah** | **Tania** | **Tylah** |  |  |  |
| **6pm** | **Tylah** | **Tania** | **Tylah** |  |  |  |