

 **Phone: 9446 3833**

 **CLINICAL EXERCISE CLASS PROGRAM**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|   | **Mon**  | **Tues**  | **Wed**  | **Thurs**  | **Fri**  | **Sat** |
| **7am**  |  |  |  |  |  |  |
| **8am**  |   |  |   | **Kate**  |  | **Tylah** |
| **9am**  |  |  |  | **Kate**  | **Tylah**  | **Tylah** |
| **10am**  | **Tania**  |  | **Tania**  | **Kate**  | **Tylah**  |  |
| **11am**  | **Tania**  |  | **Tania**  | **Tania**  |  |  |
| **12 noon**  | **Tania**  |  | **Tania**  |  |   |  |
| **1pm**  |  |  |  | **Tania**  |  |  |
| **2pm**  |  |  |  |  |   |  |
| **3pm**  |   |  |   |   |   |  |
| **4pm**  |  |   |   |  |  |  |
| **5pm**  |  **Tylah**  | **Tania**  |  **Tylah**  |  |  |  |
| **6pm**  |  **Tylah**  | **Tania**  |  **Tylah**  |  |   |  |